

**MEN'S PROVINCIAL POWERLIFTING RECORDS****WOMEN'S PROVINCIAL POWERLIFTING RECORDS**

SQUAT	LIFTER	RECORD KG	TEAM	COMPETITION
59	Noah Arsenaull	130	BLUEFIELD	Qualifer 2023-24
66	Leon Xu	152.5	GRAY	Provincials 2023-24
74	Allen Torrenueva	182.5	FRANÇOIS-BUOTE	Qualifier 2022-23
83	Allen Torrenueva	222.5	FRANÇOIS-BUOTE	Qualifer 2023-24
93	Kale Wood	195	TOSH	Provincials 2021-22
105	Allister Gallant	227.5	FRANÇOIS-BUOTE	Provincials 2022-23
120	Wyatt McCormick	170	KISH	Qualifier 2024-25
120+	Isaac Mosher	112.5	TOSH	Provincials 2022-23

SQUAT	NAME	RECORD KG	TEAM	COMPETITION
47	Rebecca Harper	70	WESTISLE	Provincials 2022-23
52	Ella Hudson	82.5	WESTISLE	Provincials 2021-22
57	Anna Arsenaull	95	WESTISLE	Provincials 2023-24
63	Keira Millar	120	WESTISLE	Provincials 2021-22
69	Emma McMillan	115	BLUEFIELD	Provincials 2023-24
76	Vanessa Keefe	130	GRAY	Provincials 2021-22
84	Lily MacPhee	150	LA-BELLE-CLOCHE	Provincials 2021-22
84+	Megan Moase	172.5	KISH	Qualifier 2023-24

BENCH	LIFTER	RECORD KG	TEAM	COMPETITION
59	Noah Arsenaull	97.5	BLUEFIELD	Qualifer 2023-24
66	Matthew Campbell	100	BLUEFIELD	Provincials 2023-24
74	Allen Torrenueva	120	FRANÇOIS-BUOTE	Qualifier 2022-23
83	Allen Torrenueva	127.5	FRANÇOIS-BUOTE	Provincials 2022-23
93	Jessie Bryant-Hunter	137.5	TOSH	Provincials 2023-24
105	Allister Gallant	127.5	FRANÇOIS-BUOTE	Qualifier 2022-23
120	Jonah Gogoh	122.5	FRANÇOIS-BUOTE	Qualifier 2021-22
120+	Fred MacLean	70	MRHS	Qualifier 2023-24

BENCH	NAME	RECORD KG	TEAM	COMPETITION
47	Josée Doyle	35	FRANÇOIS-BUOTE	Qualifier 2024-25
52	Ella Hudson	47.5	WESTISLE	Qualifier 2022-23
57	Ella Hudson	52.5	WESTISLE	Provincials 2022-23
63	Kayce Midgley	67.5	FRANÇOIS-BUOTE	Qualifier 2024-25
69	Ria Johnson	67.5	GRAY	Qualifier 2021-22
76	Vanessa Keefe	82.5	GRAY	Provincials 2021-22
84	Vanessa Keefe	72.5	GRAY	Qualifier 2021-22
84+	Rachael Arsenaull	90	WESTISLE	Qualifier 2024-25

DEADLIFT	LIFTER	RECORD KG	TEAM	COMPETITION
59	Jacob MacDonald	155	BLUEFIELD	Qualifer 2023-24
66	Leon Xu	182.5	GRAY	Qualifier 2022-23
74	Allen Torrenueva	220	FRANÇOIS-BUOTE	Qualifier 2022-23
83	Allen Torrenueva	252.5	FRANÇOIS-BUOTE	Qualifier 2023-24
93	Kale Wood	235	TOSH	Qualifier 2024-25
105	Allister Gallant	232.5	FRANÇOIS-BUOTE	Provincials 2022-23
120	Wyatt McCormick	195	KISH	Qualifier 2024-25
120+	Fred MacLean	160	MRHS	Provincials 2023-24

DEADLIFT	NAME	RECORD KG	TEAM	COMPETITION
47	Josée Doyle	85	FRANÇOIS-BUOTE	Qualifier 2024-25
52	Ella Hudson	110	WESTISLE	Qualifier 2022-23
57	Ella Hudson	120	WESTISLE	Provincials 2022-23
63	Keira Millar	137.5	WESTISLE	Qualifier 2021-22
69	Ria Johnson	137.5	GRAY	Qualifier 2021-22
76	Ria Johnson	162.5	GRAY	Provincials 2021-22
84	Olivia Allen	147.5	LA-BELLE-CLOCHE	Provincials 2023-24
84+	Megan Moase	192.5	KISH	Qualifier 2023-24

TOTAL	NAME	RECORD KG	TEAM	COMPETITION
59	Noah Arsenaull	377.5	BLUEFIELD	Qualifer 2023-24
66	Leon Xu	422.5	GRAY	Qualifier 2022-23
74	Allen Torrenueva	522.5	FRANÇOIS-BUOTE	Qualifier 2022-23
83	Allen Torrenueva	595	FRANÇOIS-BUOTE	Qualifier 2023-24
93	Jessie Bryant-Hunter	547.5	TOSH	Provincials 2021-22
105	Allister Gallant	587.5	FRANÇOIS-BUOTE	Provincials 2022-23
120	Wyatt McCormick	467.5	KISH	Qualifier 2024-25
120+	Isaac Mosher	332.5	TOSH	Provincials 2022-23

TOTAL	NAME	RECORD KG	TEAM	COMPETITION
47	Josée Doyle	187.5	FRANÇOIS-BUOTE	Qualifier 2024-25
52	Ella Hudson	237.5	WESTISLE	Qualifier 2022-23
57	Ella Hudson	265	WESTISLE	Provincials 2022-23
63	Keira Millar	312.5	WESTISLE	Qualifier 2021-22
69	Ria Johnson	305	GRAY	Qualifier 2021-22
76	Ria Johnson	362.5	GRAY	Provincials 2021-22
84	Lily MacPhee	350	LA-BELLE-CLOCHE	Provincials 2021-22
84+	Megan Moase	442.5	KISH	Qualifier 2023-24

TOP LIFTERS	NAME	RECORD WILKS 2.0	TEAM	COMPETITION
1	Allen Torrenueva	495,39	FRANÇOIS-BUOTE	Provincials 2022-23
2	Lukas Stetson	428,69	KINKORA	Provincials 2023-24
3	Allister Gallant	420,95	FRANÇOIS-BUOTE	Provincials 2022-23
4	Jessie Bryant-Hunter	417,44	TOSH	Qualifier 2024-25
5	Mason MacKenzie	415,94	FRANÇOIS-BUOTE	Qualifier 2024-25

TOP LIFTERS	NAME	RECORD WILKS 2.0	TEAM	COMPETITION
1	Megan Moase	446,48	KISH	Qualifier 2023-24
2	Ria Johnson	433,33	GRAY	Provincials 2021-22
3	Rachael Arsenaull	429,18	WESTISLE	Qualifier 2024-25
4	Vanessa Keefe	421,48	GRAY	Provincials 2021-22
5	Keira Millar	406,92	WESTISLE	Qualifier 2021-22

*Updated 12/11/2024

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