



PROVINCIAL POWERLIFTING RESULTS

WestIsle High School

March 12, 2019

Team Results Male (combined 5 highest Wilks)

WestIsle 1320.967526
Montague 1193.547885

Bluefield 1111.091690

Team Results Female (combined 5 highest Wilks)

WestIsle 1464.1101102
Ecole Sur Mer 1223.2666526

Highest Overall Wilks Male

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Richard	Dawson	Westisle	85.185	425	215	440	1080	322.110866

Highest Overall Wilks Female

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Arsenault	Emily	École sur mer	78.199	315	135	325	775	325.8522433

Mens Results by Body Weight

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
MacLennan	Casey	Grey	125.464	295	170	325	790	204.044510
Doucette	Jayden	Westisle	122.924	315	210	345	870	225.662799
Johnston	Jaden	École sur mer	119.295	310	190	390	890	232.415128
MacRae	Chris	Montague	109.406	250	155	385	790	211.232237
Gallant	Cameron	TOSH	106.503	225	225	375	825	222.522050
Cable-Walsh	Camaron	Souris	103.328	310	155	350	815	222.177728
Arsenault	Riley	Westisle	101.786	300	175	380	855	234.397341
Beck	Liam	Montague	101.695	330	240	425	995	272.871156
Griffin	Alec	Westisle	99.609	305	160	360	825	228.101047
DesRoches	Todd	Kinkora	98.611	160	135	325	620	172.128249
Mckay	Morgan	Westisle	96.434	240	155	320	715	200.396516
MacLeod	TJ	Montague	91.535	235	170	355	760	218.221941
Bratovich	Quenten	Montague	90.356	275	0	425	700	202.295090
Richard	Dawson	Westisle	85.185	425	215	440	1080	322.110866
Proude	Brandon	Bluefield	84.822	240	170	315	725	216.756714
Cable-Walsh	Aiden	Souris	83.552	180	115	270	565	170.400082
Schurman	Caleb	Montague	81.193	260	150	300	710	217.845486
Arsenault	Cameron	TOSH	81.102	305	185	400	890	273.262001

Murphy	Tony	Grey	80.830	0	170	0	170	52.304685
McPhee	Dakota	TOSH	79.379	260	185	365	810	252.074120
Arsenault-Saunders	Isaac	Bluefield	79.016	240	185	305	730	227.845919
Arsenault-Saunders	Ethan	Bluefield	75.841	215	175	290	680	218.099378
Mullings	Kareem	Grey	75.750	200	165	275	640	205.438457
Evans	Zach	Bluefield	75.478	245	185	280	710	228.473183
Shea	Ethan	Westisle	72.212	215	145	305	665	220.836914
Brown	Aiden	Kinkora	69.763	145	135	270	550	187.441611
Perry	Mitchel	Westisle	68.674	165	135	265	565	194.916858
Levesque	Chris	Bluefield	68.402	185	130	230	545	188.604304
Porter	Hayden	Westisle	67.676	175	165	335	675	235.575151
hardy	landon	Bluefield	65.680	205	145	265	615	219.916496
Gallant	Drake	Westisle	65.499	235	155	275	665	238.341080
Gallant	Cole	Westisle	65.408	195	125	330	650	233.233073
Sullivan	Paul	École sur mer	64.864	200	160	340	700	252.931884
Gaudette	Chase	Westisle	63.594	220	160	325	705	259.046485
Gaudet	Marcus	TOSH	61.054	195	165	270	630	239.912808
Annear	Joel	Montague	60.781	250	165	300	715	273.377066
Matthews	Callum	École sur mer	59.874	180	115	205	500	193.799966
Deagle	Dylan	Westisle	50.167	190	110	275	575	265.893944

Mens Results by Wilks

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Richard	Dawson	Westisle	85.185	425	215	440	1080	322.110866
Annear	Joel	Montague	60.781	250	165	300	715	273.377066
Arsenault	Cameron	TOSH	81.102	305	185	400	890	273.262001
Beck	Liam	Montague	101.695	330	240	425	995	272.871156
Deagle	Dylan	Westisle	50.167	190	110	275	575	265.893944
Gaudette	Chase	Westisle	63.594	220	160	325	705	259.046485
Sullivan	Paul	École sur mer	64.864	200	160	340	700	252.931884
McPhee	Dakota	TOSH	79.379	260	185	365	810	252.074120
Gaudet	Marcus	TOSH	61.054	195	165	270	630	239.912808
Gallant	Drake	Westisle	65.499	235	155	275	665	238.341080
Porter	Hayden	Westisle	67.676	175	165	335	675	235.575151
Arsenault	Riley	Westisle	101.786	300	175	380	855	234.397341
Gallant	Cole	Westisle	65.408	195	125	330	650	233.233073
Johnston	Jaden	École sur mer	119.295	310	190	390	890	232.415128
Evans	Zach	Bluefield	75.478	245	185	280	710	228.473183
Griffin	Alec	Westisle	99.609	305	160	360	825	228.101047
Arsenault-Saunders	Isaac	Bluefield	79.016	240	185	305	730	227.845919
Doucette	Jayden	Westisle	122.924	315	210	345	870	225.662799

Gallant	Cameron	TOSH	106.503	225	225	375	825	222.522050
Cable-Walsh	Camaron	Souris	103.328	310	155	350	815	222.177728
Shea	Ethan	Westisle	72.212	215	145	305	665	220.836914
hardy	landon	Bluefield	65.680	205	145	265	615	219.916496
MacLeod	TJ	Montague	91.535	235	170	355	760	218.221941
Arsenault-Saunders	Ethan	Bluefield	75.841	215	175	290	680	218.099378
Schurman	Caleb	Montague	81.193	260	150	300	710	217.845486
Proude	Brandon	Bluefield	84.822	240	170	315	725	216.756714
MacRae	Chris	Montague	109.406	250	155	385	790	211.232237
Mullings	Kareem	Grey	75.750	200	165	275	640	205.438457
MacLennan	Casey	Grey	125.464	295	170	325	790	204.044510
Bratovich	Quenten	Montague	90.356	275	0	425	700	202.295090
Mckay	Morgan	Westisle	96.434	240	155	320	715	200.396516
Perry	Mitchel	Westisle	68.674	165	135	265	565	194.916858
Matthews	Callum	École sur mer	59.874	180	115	205	500	193.799966
Levesque	Chris	Bluefield	68.402	185	130	230	545	188.604304
Brown	Aiden	Kinkora	69.763	145	135	270	550	187.441611
DesRoches	Todd	Kinkora	98.611	160	135	325	620	172.128249
Cable-Walsh	Aiden	Souris	83.552	180	115	270	565	170.400082
Murphy	Tony	Grey	80.830	0	170	0	170	52.304685

Womens Results by Bodyweight

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Gallant	Alecia	Westisle	103.147	180	80	235	495	185.3391971
MacDonald	Nicolle	Montague	95.708	120	95	215	430	164.6627678
Orton	Madison	École sur mer	87.090	195	105	260	560	222.6423920
Arsenault	Emily	École sur mer	78.199	315	135	325	775	325.8522433
Mitchell	Melanie	Grey	77.201	150	85	205	440	186.4045900
Menard	Ava	Bluefield	75.387	120	85	215	420	180.5251563
Macdonald	Katie	Westisle	71.486	190	105	245	540	240.2181171
Moore	McKenna	Bluefield	69.037	210	110	230	550	250.5902937
Shea	Karlyn	Westisle	68.855	155	100	225	480	219.1009643
Chapman	Zoey	TOSH	68.039	165	125	240	530	243.9722747
Gavin	Faith	Westisle	68.039	165	80	190	435	200.2413953
Gaudet	Sherrise	Westisle	67.676	220	110	285	615	284.1815822
Hustler	Erin	Westisle	65.589	220	135	295	650	307.2576476
Arsenault-Gallant	Erin	TOSH	65.499	205	95	265	565	267.3500123
Devine	Christina	Grey	63.866	130	75	195	400	192.8612018
Rogers	Hannah	Kinkora	63.049	135	80	190	405	197.1744041
McKenna	Caitlin	Montague	62.777	245	140	275	660	322.3760083
Mackendrick	Keira	Westisle	62.505	125	75	235	435	213.1773754
MacLeod	Kaelyn	École sur mer	62.142	105	95	205	405	199.3576252
MacLeod	Emma	École sur mer	61.235	185	95	235	515	256.3748841
Kinch	Megan	Westisle	60.963	165	90	215	470	234.7762098

Handrahan	Gracyn	Westisle	60.509	200	115	280	595	298.9333314
Maclean	Claudia	Westisle	59.874	225	105	250	580	293.7859543
McCardle	Brooke	Kinkora	59.693	120	75	185	380	192.9341141
Williams	Mary-Fran	Westisle	58.695	135	75	215	425	218.6304357
MacKay	Jacqueline	Bluefield	57.606	140	80	185	405	211.4115245
McNeil	Kalen	TOSH	57.062	0	85	205	290	152.5105452
Wall	Emily	École sur mer	56.799	165	75	175	415	219.0395080
Hardy	Jenna	Westisle	56.790	140	70	235	445	234.9030917
Gard	Maggie	Westisle	53.887	120	55	215	390	214.5066493
Rogers	Abigail	Kinkora	50.712	105	65	175	345	198.8826000
Maclean	Sky	Westisle	45.178	125	60	180	365	228.9739400
Lyon	Emma Lee	Westisle	42.728	155	70	205	430	279.9515946

Womens Results by Wilks

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Arsenault	Emily	École sur mer	78.199	315	135	325	775	325.8522433
McKenna	Caitlin	Montague	62.777	245	140	275	660	322.3760083
Hustler	Erin	Westisle	65.589	220	135	295	650	307.2576476
Handrahan	Gracyn	Westisle	60.509	200	115	280	595	298.9333314
Maclean	Claudia	Westisle	59.874	225	105	250	580	293.7859543
Gaudet	Sherrise	Westisle	67.676	220	110	285	615	284.1815822
Lyon	Emma Lee	Westisle	42.728	155	70	205	430	279.9515946
Arsenault-Gallant	Erin	TOSH	65.499	205	95	265	565	267.3500123
MacLeod	Emma	École sur mer	61.235	185	95	235	515	256.3748841
Moore	McKenna	Bluefield	69.037	210	110	230	550	250.5902937
Chapman	Zoey	TOSH	68.039	165	125	240	530	243.9722747
Macdonald	Katie	Westisle	71.486	190	105	245	540	240.2181171
Hardy	Jenna	Westisle	56.790	140	70	235	445	234.9030917
Kinch	Megan	Westisle	60.963	165	90	215	470	234.7762098
Maclean	Sky	Westisle	45.178	125	60	180	365	228.9739400
Orton	Madison	École sur mer	87.090	195	105	260	560	222.6423920
Shea	Karlyn	Westisle	68.855	155	100	225	480	219.1009643
Wall	Emily	École sur mer	56.799	165	75	175	415	219.0395080
Williams	Mary-Fran	Westisle	58.695	135	75	215	425	218.6304357
Gard	Maggie	Westisle	53.887	120	55	215	390	214.5066493
Mackendrick	Keira	Westisle	62.505	125	75	235	435	213.1773754

MacKay	Jacqueline	Bluefield	57.606	140	80	185	405	211.4115245
Gavin	Faith	Westisle	68.039	165	80	190	435	200.2413953
MacLeod	Kaelyn	École sur mer	62.142	105	95	205	405	199.3576252
Rogers	Abigail	Kinkora	50.712	105	65	175	345	198.8826000
Rogers	Hannah	Kinkora	63.049	135	80	190	405	197.1744041
McCardle	Brooke	Kinkora	59.693	120	75	185	380	192.9341141
Devine	Christina	Grey	63.866	130	75	195	400	192.8612018
Mitchell	Melanie	Grey	77.201	150	85	205	440	186.4045900
Gallant	Alecia	Westisle	103.147	180	80	235	495	185.3391971
Menard	Ava	Bluefield	75.387	120	85	215	420	180.5251563
MacDonald	Nicolle	Montague	95.708	120	95	215	430	164.6627678
McNeil	Kalen	TOSH	57.062	0	85	205	290	152.5105452

Mens Results by Weight Class

52.0Kg Class up to 52.00Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Deagle	Dylan	Westisle	50.167	190	110	275	575	265.893944

56.0Kg Class from 52.01 to 56.0Kg

n/a

60.0Kg Class from 56.01 to 60Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Matthews	Callum	École sur mer	59.874	180	115	205	500	193.799966

67.5Kg Class from 60.01Kg to 67.5Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Annear	Joel	Montague	60.781	250	165	300	715	273.377066
Gaudette	Chase	Westisle	63.594	220	160	325	705	259.046485
Sullivan	Paul	École sur mer	64.864	200	160	340	700	252.931884

75.0Kg Class from 67.51 to 75.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Porter	Hayden	Westisle	67.676	175	165	335	675	235.575151
Shea	Ethan	Westisle	72.212	215	145	305	665	220.836914
Perry	Mitchel	Westisle	68.674	165	135	265	565	194.916858

82.5Kg Class from 75.01 to 82.5Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Arsenault	Cameron	TOSH	81.102	305	185	400	890	273.262001
McPhee	Dakota	TOSH	79.379	260	185	365	810	252.074120
Evans	Zach	Bluefield	75.478	245	185	280	710	228.473183

90.0Kg Class from 82.51 to 90.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Richard	Dawson	Westisle	85.185	425	215	440	1080	322.110866
Proude	Brandon	Bluefield	84.822	240	170	315	725	216.756714
Cable-Walsh	Aiden	Souris	83.552	180	115	270	565	170.400082

100.0Kg Class from 90.01 to 100.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Griffin	Alec	Westisle	99.609	305	160	360	825	228.101047
MacLeod	TJ	Montague	91.535	235	170	355	760	218.221941
Bratovich	Quenten	Montague	90.356	275	0	425	700	202.295090

110.0Kg Class from 100.01Kg to 110.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Beck	Liam	Montague	101.695	330	240	425	995	272.871156
Arsenault	Riley	Westisle	101.786	300	175	380	855	234.397341
Gallant	Cameron	TOSH	106.503	225	225	375	825	222.522050

125.0Kg Class 110.01 to 125.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Johnston	Jaden	École sur mer	119.295	310	190	390	890	232.415128
Doucette	Jayden	Westisle	122.924	315	210	345	870	225.662799

125.0+ Class from 125.01 to unlimited

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
MacLennan	Casey	Grey	125.464	295	170	325	790	204.044510

Womens Results by Weight Class

44.0Kg Class upto 44.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Lyon	Emma Lee	Westisle	42.728	155	70	205	430	279.9515946

48.0Kg Class 44.01 to 48.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Maclean	Sky	Westisle	45.178	125	60	180	365	228.9739400

52.0Kg Class 48.01 to 52.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Rogers	Abigail	Kinkora	50.712	105	65	175	345	198.8826000

56.0Kg 52.01 to 56.0Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Gard	Maggie	Westisle	53.887	120	55	215	390	214.5066493

60Kg Class 56.01 to 60Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Maclean	Claudia	Westisle	59.874	225	105	250	580	293.7859543
Hardy	Jenna	Westisle	56.790	140	70	235	445	234.9030917
Wall	Emily	École sur mer	56.799	165	75	175	415	219.0395080

67.5Kg Class 60.01 to 67.5Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
McKenna	Caitlin	Montague	62.777	245	140	275	660	322.3760083
Hustler	Erin	Westisle	65.589	220	135	295	650	307.2576476
Handrahan	Gracyn	Westisle	60.509	200	115	280	595	298.9333314

75.0Kg Class 67.51 to 75Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Gaudet	Sherrise	Westisle	67.676	220	110	285	615	284.1815822
Moore	McKenna	Bluefield	69.037	210	110	230	550	250.5902937
Chapman	Zoey	TOSH	68.039	165	125	240	530	243.9722747

82.5Kg Class 75.01 to 82.5Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Arsenault	Emily	École sur mer	78.199	315	135	325	775	325.8522433
Mitchell	Melanie	Grey	77.201	150	85	205	440	186.4045900
Menard	Ava	Bluefield	75.387	120	85	215	420	180.5251563

90.0Kg Class 82.51 to 90Kg

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Orton	Madison	École sur mer	87.090	195	105	260	560	222.6423920

90.0+Kg Class 90.01Kg to unlimited

Last Name	First Name	School	Weight Kg	Best Squat	Best Bench	Best Deadlift	Total Lift lbs	Wilks score
Gallant	Alecia	Westisle	103.147	180	80	235	495	185.3391971
MacDonald	Nicolle	Montague	95.708	120	95	215	430	164.6627678